

2014 MEN'S OUTDOOR PERFORMANCE LIST

does not reflect altitude conversions

SEASON RESULTS

M 21-22	JERRY QUILLER CLASSIC (Boulder)	NTS
M 29	at Fum McGraw Quadrangular (Fort Collins, Colo.)	NTS
A 4-5	at Stanford Invitational (Stanford, Calif.)	NTS
A 4-5	at Tom Benich Invitational (Greeley, Colo.)	NTS
A 11-12	COLORADO INVITATIONAL (Boulder)	NTS
A 17-19	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 19	at Beach Invitational (Cerritos, Calif.)	NTS
A 19	at Bryan Clay Invitational (Azusa, Calif.)	NTS
A 26	at Jack Christiansen Invitational (Fort Collins, Colo.)	2nd/5
M 3	at Longhorn Invitational (Austin, Texas)	NTS
M 3	at Cowpoke Open (Laramie, Wyo.)	NTS
M 4	at Payton Jordan Cardinal Invitational (Stanford, Calif.)	NTS
M 10-18	at Pac-12 Championships (Pullman, Wash.)	10th/10
M 29-31	at NCAA West Preliminaries (Fayetteville, Ark.)	NTS
J 11-14	at NCAA Outdoor Championships (Eugene, Ore.)	t-64th

100 Meters (10.0 cu)

10.66	Shaw Gifford	Cowpoke Open (5/3)
10.66	Shaw Gifford	Jack Christiansen Invite (4/26)
10.67	Austin Mitsch	Jack Christiansen Invite (4/26)
10.69	Austin Mitsch	CU Invite (4/12)
10.71	Shaw Gifford	Tom Benich Invite (4/4)
10.76	Shaw Gifford	Pac-12 Championships (5/17)
10.78	Austin Mitsch	Beach Invite (4/19)
10.78	Shaw Gifford	Mt. SAC Relays (4/18)
10.78	Shaw Gifford	CU Invite (4/12)
10.82	Austin Mitsch	Pac-12 Championships (5/17)

200 Meters (20.37 cu)

21.91	Shaw Gifford	Cowpoke Open (5/3)
21.91	Shaw Gifford	Fum McGraw (3/29)
21.97	Shaw Gifford	Jack Christiansen Invite (4/26)
21.97	Shaw Gifford	Mt. SAC Relays (4/18)
21.46	Austin Mitsch	Jack Christiansen Invite (4/26)
21.48	Shaw Gifford	Pac-12 Championships (5/17)
21.50	Austin Mitsch	Fum McGraw (3/29)
21.55	Austin Mitsch	Mt. SAC (4/19)
21.60	Shaw Gifford	NCAA West Preliminary (5/30)
21.68	Shaw Gifford	Tom Benich Invite (4/4)
21.79	Shaw Gifford	

400 Meters (45.54 cu)

48.70	Shaw Gifford	Jerry Quiller Classic (3/22)
48.85	Garrett Losty	CU Invite (4/12)
49.45	Blake Berens	Fum McGraw (3/29)
49.74	Erik Gaytan	Pac-12 Championships (5/17)
50.27	Tyler Baker	Tom Benich Invite (4/4)
50.65	Brock Emory	Pac-12 Championships (5/10-11)
50.84	Brock Emory	Mt. SAC Multis "A" (4/16-4/17)
51.32	Brock Emory	CU Invite (4/12)
51.70	Blake Berens	Jerry Quiller Classic (3/22)

800 Meter Run (1:47.52 cu)

1:51.11	Ben Saarel	CU Invite (4/12)
1:51.50	Blake Theroux	CU Invite (4/12)
1:52.05	Zach Perrin	Fum McGraw (3/29)
1:52.42	Ammar Moussa	CU Invite (4/12)
1:53.51	Jake Hurysz	CU Invite (4/12)
1:54.18	Morgan Pearson	CU Invite (4/12)
1:54.24	Connor Winter	CU Invite (4/12)
1:54.43	Blake Theroux	Fum McGraw (3/29)
1:55.20	Joe Mitchell	Fum McGraw (3/29)
1:55.42	Joe Mitchell	CU Invite (4/12)

1,500 Meter Run (3:39.77 cu)

3:41.54	Ben Saarel	Bryan Clay Invite (4/18)
3:41.75	Jake Hurysz	NCAA West Preliminary (5/31)
3:42.53	Jake Hurysz	Mt. SAC Invitational Elite (4/18)
3:42.89	Ben Saarel	NCAA West Preliminary (5/29)
3:43.09	Jake Hurysz	NCAA West Preliminary (5/29)
3:43.38	Ben Saarel	Pac-12 Championships (5/18)
3:43.38	Ammar Moussa	Bryan Clay Invite (4/18)
3:45.50	Jake Hurysz	Stanford Invite (4/4)
3:45.58	Ben Saarel	NCAA West Preliminary (5/31)
3:47.19	Ben Saarel	NCAA Championships (6/19)

3,000 Meters* (7:50.39 cu)

8:52.55	Dillon Shije	CU Invite (4/12)
9:00.78	David Kilgore	CU Invite (4/12)

5,000 Meters (13:18.46 cu)

13:38.19	Joe Bosshard	USA Championships (6/27)
13:38.92	Morgan Pearson	Payton Jordan Invite (5/4)
13:48.74	Pierce Murphy	Payton Jordan Invite (5/4)
13:48.97	Ben Saarel	Payton Jordan Invite (5/4)
13:59.57	Jake Hurysz	Pac-12 Championships (5/18)
13:55.91	Connor Winter	Payton Jordan Invite (5/4)
13:56.00	Ammar Moussa	Payton Jordan Invite (5/4)
13:57.62	Blake Theroux	Payton Jordan Invite (5/4)
13:57.90	Jake Hurysz	Payton Jordan Invite (5/4)
14:02.50	Joe Bosshard	NCAA West Preliminary (5/31)

10,000 Meters (27:38.50 cu)

29:01.23	Joe Bosshard	NCAA Championships (6/18)
29:26.25	Joe Bosshard	Pac-12 Championships (5/17)
29:34.49	Joe Bosshard	NCAA West Preliminary (5/29)
29:42.22	Pierce Murphy	NCAA West Preliminary (5/29)
30:01.72	Morgan Pearson	Pac-12 Championships (5/17)
30:20.57	Pierce Murphy	Jerry Quiller Classic (3/21)
30:20.77	Morgan Pearson	Jerry Quiller Classic (3/21)
30:38.83	Ammar Moussa	Jerry Quiller Classic (3/21)
31:03.99	Morgan Pearson	NCAA West Preliminary (5/29)
31:08.05	Dillon Shije	Jerry Quiller Classic (3/21)

110 Meter Hurdles (13.3 cu)

13.87	Jaron Thomas	Longhorn Invitational (5/3)
14.24	Jaron Thomas	Jack Christiansen Invite (4/26)
14.29	Jaron Thomas	Pac-12 Championships (5/18)
14.30	Jaron Thomas	Mt. SAC Relays (4/18)
14.34	Jaron Thomas	NCAA West Preliminary (5/30)
14.42	Jaron Thomas	CU Invite (4/12)
14.44	Jaron Thomas	Pac-12 Championships (5/17)
14.51	Jaron Thomas	Fum McGraw (3/29)
14.54	Jaron Thomas	Jerry Quiller Classic (3/22)
14.71	Brock Emory	Jack Christiansen Invite (4/26)

400 Meter Hurdles (49.66 cu)

51.24	Jaron Thomas	Pac-12 Championships (5/18)
51.77	Jaron Thomas	Longhorn Invitational (5/3)
52.24	Jaron Thomas	Tom Benich Invite (4/4)
52.57	Jaron Thomas	NCAA West Preliminary (5/29)
53.01	Jaron Thomas	Fum McGraw (3/29)
53.40	Jaron Thomas	Pac-12 Championships (5/17)
53.40	Jaron Thomas	Mt. SAC Relays (4/18)
53.97	Garrett Losty	Bryan Clay Invite (4/18)
54.14	Garrett Losty	Tom Benich Invite (4/4)
54.14	Jaron Thomas	Jerry Quiller Classic (3/22)

3,000 M Steeplechase (8:26.45 cu)

8:49.95	Blake Theroux	NCAA West Preliminary (5/30)
8:52.93	Blake Theroux	Pac-12 Championships (5/17)
8:54.70	Blake Theroux	NCAA Championships (6/19)
9:37.68	Adam Peterman	Fum McGraw (3/29)
10:17.48	Joe Holvey	Fum McGraw (3/29)

4x100 Meter Relay (39.47 cu)

40.77	Berens/Gifford/Losty/Mitsch	Jack Christiansen Invite (4/26)
40.84	Berens/Gifford/Losty/Mitsch	CU Invite (4/12)
40.85	Berens/Gifford/Losty/Mitsch	Pac-12 Championships (5/17)
41.38	Berens/Gifford/Losty/Gaytan	Pac-12 Championships (5/18)

4x400 Meter Relay (3:05.16 cu)

3:13.43	Thomas/Gifford/Losty/Baker	Mt. SAC (4/19)
3:14.35	Losty/Gifford/Gaytan/Baker	Pac-12 Championships (5/18)
3:16.63	Thomas/Gifford/Losty/Baker	Tom Benich Invite (4/4)
3:17.50	Thomas/Mitsch/Losty/Berens	Fum McGraw (3/29)
3:17.50	Mitchem/Baker/Saarel/Moussa	CU Invite (4/12)
3:23.92	MacIntosh/Peterman/Holvey/Perrin	CU Invite (4/12)
3:26.68	Theroux/Berens/Winter/Hurysz	CU Invite (4/12)
3:28.47	Mitchem/Hurysz/Theroux/Moussa	Fum McGraw (3/29)

Long Jump (26-01.75 cu)

22-36.78	dec	Jason DeWitt	Pac-12 Championships (5/10-11)
21-7.25/6.58	dec	Jason DeWitt	Mt. SAC Multis "A" (4/16-4/17)
21-6.75/6.57	dec	Brock Emory	Pac-12 Championships (5/10-11)
21-6.25/6.55	dec	Brock Emory	Mt. SAC Multis "A" (4/16-4/17)

Triple Jump (53-06.50 cu)

High Jump (7-04.00 cu)			
6-11.50/2.12		Mark Jones.....	Jerry Quiller Classic (3/22)
6-9/2.06	U	Mark Jones.....	CU Invite (4/12)
6-8.75/2.05	dec	Brock Emory.....	Mt. SAC Multis "A" (4/16-4/17)
6-8.75/2.05	dec	Jason DeWitt.....	Mt. SAC Multis "A" (4/16-4/17)
6-7.5/2.02	dec	Jason DeWitt.....	Pac-12 Championships (5/10-11)
6-7/2.01		Brock Emory.....	Pac-12 Championships (5/18)
6-7/2.01		Jason DeWitt.....	Jack Christiansen Invite (4/26)
6-7/2.01		Brock Emory.....	Fum McGraw (3/29)
6-7/2.01		Jason DeWitt.....	Fum McGraw (3/29)
6-6.25/1.99		Brock Emory.....	Jerry Quiller Classic (3/22)
6-6.25/1.99	dec	Brock Emory.....	Pac-12 Championships (5/10-11)

Shot Put (60-11.50 cu)

53-9.75/16.40	Alex Kizirian	CU Invite	(4/12)
53-6.50/16.32	Alex Kizirian	Air Force Twilight	(5/9)
53-6.50/16.32	Alex Kizirian	Fum McGraw	(3/29)
52-11.50/16.14	Alex Kizirian	Jack Christiansen Invite	(4/26)
52-5.50/15.99	Alex Kizirian	Beach Invite	(4/19)
52-5.50/15.99	Alex Kizirian	Tom Benich Invite	(4/4)
52-5.25/15.98	Alex Kizirian	Jerry Quiller Classic	(3/22)
52-5.25/15.97	Alex Kizirian	Pac-12 Championships	(5/17)
41-2.50/12.56	Jason DeWitt	CU Invite	(4/12)
40-2/12.24	dec	Jason DeWitt	Mt. SAC Multis "A" (4/16-4/17)

Hammer Throw (210-11 cu)

198-11/60.63	Alex Kizirian	Jack Christiansen Invite (4/26)
194-10/59.38	Alex Kizirian	Mt. SAC Relays (4/18)
191-06/58.38	Alex Kizirian	CU Invite (4/11)
190-10/58.19	Alex Kizirian	NCAA West Preliminary (5/30)
190-8/58.16	Alex Kizirian	Bryan Clay Invite (4/18)
190-8.5/58.12	Alex Kizirian	Air Force Twilight (5/9)
186-04/56.79	Alex Kizirian	Fum McGraw (3/29)
183-0/55.78	Alex Kizirian	Pac-12 Championships (5/17)
178-09/54.50	Alex Kizirian	Tom Benich Invite (4/5)

Discus Throw (209-7 cu)

189-11.5/57.63	Alex Kizirian	Air Force Twilight (5/9)
185-10/50.54	Alex Kizirian	Fum McGraw (3/29)
185-10/50.54	Alex Kizirian	CU Invite (4/12)
164-11.75/50.28U	Brady Rutt	Air Force Twilight (5/9)
164-6/50.14	Alex Kizirian	Jerry Quiller Classic (3/22)
162-0/49.38	Alex Kizirian	Beach Invite (4/19)
161-6/49.23	Alex Kizirian	Jack Christiansen Invite (4/26)
161-6/49.22	Alex Kizirian	Mt. SAC Relays (4/18)
157-5/47.98	Alex Kizirian	Pac-12 Championships (5/18)
156-2/47.62	Alex Kizirian	Tom Benich Invite (4/5)

Javelin (241-4.5 cu)

160-9/49.01	Brock Emory	Jerry Quiller Classic (3/21)
159-10/48.72	dec Brock Emory	Pac-12 Championships (5/10-11)
157-11/48.14	Jason DeWitt	Fum McGraw (3/29)
155-10/47.50	dec Jason DeWitt	Pac-12 Championships (5/10-11)
151-1/46.05	dec Jason DeWitt	Mt. SAC Multis "A" (4/16-4/17)
148-11/45.40	Brock Emory	Jack Christiansen Invite (4/26)
147-2/44.87	Brock Emory	Fum McGraw (3/29)
134-5/40.97	Jason DeWitt	Jerry Quiller Classic (3/21)
132-10/40.49	Tim Porcelli	Jack Christiansen Invite (4/26)
130-3/39.70	dec Brock Emory	Mt. SAC Multis "A" (4/16-4/17)

Pole Vault (17-06.50 cu)

14-5.25/4.40	dec	Jason DeWitt	Mt. SAC Multis "A" (4/16-4/17)
14-1.25/4.30	dec	Jason DeWitt	Pac-12 Championships (5/10-11)
13-5.25/4.00	dec	Brock Emory	Pac-12 Championships (5/10-11)
12-7.50/3.85	dec	Brock Emory	Mt. SAC Multis "A" (4/16-4/17)
		Brock Emory	Jerry Quiller Classic (3/22)

Decathlon (7,645 cu)

7,035	dec	Brock Emory	Pac-12 Championships (5/10-11)
6,837	dec	Jason DeWitt	Pac-12 Championships (5/10-11)
6,724	dec	Jason DeWitt	Mt. SAC Multis "A" (4/16-4/17)
6,663	dec	Brock Emory	Mt. SAC Multis "A" (4/16-4/17)

Symbol Key

p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
dec	mark earned during decathlon competition
*	not an NCAA event
U	competing unattached/redshirting with eligibility remaining

2014 MEN'S OUTDOOR PERFORMANCE LIST

TYLER BAKER

400 Meters (50.09 pr)

50.27 Tom Benich (4/4) 6th

400 Meter Hurdles (52.76 pr)

55.45 Pac-12 Championships (5/17) 14th

55.82 CU Invite (4/12) 3rd

4x400 Meter Relay

3:13.43 Mt. SAC (4/19) 9th

3:14.35 Pac-12 Championships (5/18) 6th

3:16.63 Tom Benich (4/4) 2nd

3:21.70 CU Invite (4/12) 5th

BLAKE BERENS

100 Meters (10.95 pr)

10.95 Pac-12 Championships (5/17) 19th

10.96 Jack Christiansen Invite (4/26) 12th

10.98 Bryan Clay Invite (4/18) 13th

11.03 Beach Invite (4/19) 22nd

11.18 Tom Benich (4/4) 8th

200 Meters (21.62 pr)

21.97 Pac-12 Championships (5/17) 20th

22.00 Fum McGraw (3/29) 5th

22.02 Beach Invite (4/19) 21st

22.02 Bryan Clay Invite (4/18) 15th

22.65 Tom Benich (4/4) 5th

22.81 CU Invite (4/12) 11th

400 Meters (48.61 pr)

49.45 Fum McGraw (3/29) 3rd

51.70 Jerry Quiller Classic (3/22) 3rd

4x100 Meter Relay

40.77 Jack Christiansen Invite (4/26) 2nd

40.84 CU Invite (4/12) 1st

40.85 Pac-12 Championships (5/17) 7th (prelims)

41.38 Pac-12 Championships (5/18) 6th

4x400 Meter Relay

3:17.53 Fum McGraw (3/29) 2nd

3:26.68 CU Invite (4/12) 9th

JOE BOSSHARD

5,000 Meters (13:34.44 pr)

13:38.19 USA Championships (6/27) 7th

14:02.50 NCAA West Preliminary (5/31) 11th

14:04.04 Payton Jordan Invite (5/4) 19th

10,000 Meters (28:41.56 pr)

29:01.23 NCAA Championships (6/18) 7th

29:26.25 Pac-12 Championships (5/17) 3rd

29:34.49 NCAA West Preliminary (5/29) 6th

JASON DEWITT

Decathlon (6,837pr)

6,837 dec Pac-12 Championships (5/10-11) 8th

6,724 dec Mt. SAC Multis "A" (4/16-4/17) 5th

100 Meters (11.44 pr)

11.59 dec Pac-12 Championships (5/10) 11th

11.66 dec Mt. SAC Multis "A" (4/16-4/17) 14th

11.95 Tom Benich (4/4) 12th

Long Jump (22-3/6.78m pr)

22-3/6.78 dec Pac-12 Championships (5/10) 5th

21-7.25/6.58dec Mt. SAC Multis "A" (4/16-4/17) 9th

Shot Put (41-2.5/12.56m pr)

41-2.5/12.56 CU Invite (4/12) 14th

40-3.25/12.27dec Pac-12 Championships (5/10) 8th

40-2/12.24 dec Mt. SAC Multis "A" (4/16-4/17) 14th

High Jump (6-8.25/2.05m pr)

6-8.25/2.05dec Mt. SAC Multis "A" (4/16-4/17) 11st

6-7.5/2.02 dec Pac-12 Championships (5/10) 3rd

6-7/2.01 Jack Christiansen Invite (4/26) 5th

6-7/2.01 Fum McGraw (3/29) 2nd

400 Meters (52.25 pr)

52.25 dec Mt. SAC Multis "A" (4/16-4/17) 11th

52.63 dec Pac-12 Championships (5/10) 12th

110 Meter Hurdles (14.98 pr)

14.98 CU Invite (4/12) 6th

15.24 dec Pac-12 Championships (5/11) 4th

15.41 Pac-12 Championships (5/17) 14th

15.46 Tom Benich (4/4) 11th

15.57 dec Mt. SAC Multis "A" (4/16-4/17) 11th

Discus (125-4/38.21m pr)

125-4/38.21dec Pac-12 Championships (5/11) 6th

119-1/36.29dec Mt. SAC Multis "A" (4/16-4/17) 6th

116-7/35.53 Bryan Clay Invite (4/18) 45th

Pole Vault (14-05.25/4.40m pr)

14-5.25/4.40dec Mt. SAC Multis "A" (4/16-4/17) 3rd

14-1.25/4.30dec Pac-12 Championships (5/11) 16th

Javelin (161-03 pr)

157-11/48.14 Fum McGraw (3/29) 2nd

157-3/47.97 CU Invite (4/12) 4th

155-10/47.50dec Pac-12 Championships (5/11) 7th

151-1/46.05dec Mt. SAC Multis "A" (4/16-4/17) 5th

134-5/40.97 Jerry Quiller Classic (3/21) 5th

1500 Meters (4:56.01 pr)

5:11.38 dec Pac-12 Championships (5/11) 11th

5:16.18 dec Mt. SAC Multis "A" (4/16-4/17) 13th

Triple Jump (45-01 pr)

HUGH DOWDY

Steeplechase (8:50.75 pr)

1500 Meter Run (3:47.89 pr)

DAVID EMMERT

800 Meters (1:58.37 pr)

1:58.37 Mines Last Chance (5/10) 11th

1:59.98 CU Invite (4/12) 22nd

2:00.21 Tom Benich (4/4) 5th

2014 MEN'S OUTDOOR PERFORMANCE LIST

BROCK EMORY

Decathlon (7,035 pr)

7,035	dec	Pac-12 Championships (5/10-11).....	5th
6,663	dec	Mt. SAC Multis "A" (4/16-4/17).....	6th

100-Meters (11.11 pr)

11.22	dec	Pac-12 Championships (5/10).....	5th
11.25		Jack Christiansen Invite (4/26).....	20th
11.47		Fum McGraw (3/29).....	9th
11.49	dec	Mt. SAC Multis "A" (4/16-4/17).....	9th

Long Jump (21-6.75/6.57 pr)

21-6.75/6.57	dec	Pac-12 Championships (5/10).....	7th
21-6.25/6.55	dec	Mt. SAC Multis "A" (4/16-4/17).....	10th

Shot Put (41-9.75/12.74 pr)

41-1.75/12.54		CU Invite (4/12).....	15th
41-1.5/12.53	dec	Pac-12 Championships (5/10).....	6th
38-4.75/11.70	dec	Mt. SAC Multis "A" (4/16-4/17).....	8th

High Jump (6-8.75/2.05 pr)

6-8.75/2.05	dec	Mt. SAC Multis "A" (4/16-4/17).....	1st
6-7/2.01		Pac-12 Championships (5/18).....	12th
6-7/2.01		Fum McGraw (3/29).....	1st
6-6.25/1.99	dec	Pac-12 Championships (5/10).....	4th
6-6.25/1.99		Jerry Quiller Classic (3/22).....	3rd
6-5/1.96		Jack Christiansen Invite (4/26).....	16th
6-4.75/1.95		Beach Invite (4/19).....	20th

400-Meters (50.65 pr)

50.65	dec	Pac-12 Championships (5/10).....	5th
50.94	dec	Mt. SAC Multis "A" (4/16-4/17).....	6th
51.32		CU Invite (4/12).....	19th

110-Meter Hurdles (14.71 pr)

14.71		Jack Christiansen Invite (4/26).....	9th
14.97		CU Invite (4/12).....	5th
15.04	dec	Mt. SAC Multis "A" (4/16-4/17).....	4th
15.10	dec	Pac-12 Championships (5/11).....	3rd
15.25		Mt. SAC (4/18).....	46th
15.75		Fum McGraw (3/29).....	10th

Discus (139-8/42.58 pr)

137-3/41.84	dec	Pac-12 Championships (5/11).....	1st
135-9/41.37		Bryan Clay Invite (4/18).....	23rd
120-7/36.75	dec	Mt. SAC Multis "A" (4/16-4/17).....	5th

Pole Vault (13-5.25/4.10 pr)

13-5.25/4.10	dec	Pac-12 Championships (5/11).....	9th
12-9.5/3.89	dec	Mt. SAC Multis "A" (4/16-4/17).....	17th
12-7.50/3.85		Jerry Quiller Classic (3/22).....	5th

Javelin (160-9/49.01 pr)

160-9/49.01		Jerry Quiller Classic (3/21).....	2nd
159-10/48.72	dec	Pac-12 Championships (5/11).....	6th
154-0/46.94		CU Invite (4/12).....	6th
148-11/45.40		Jack Christiansen Invite (4/26).....	6th
147-2/44.87		Fum McGraw (3/29).....	3rd
130-3/39.70	dec	Mt. SAC Multis "A" (4/16-4/17).....	12th

1,500 Meters (4:52.58 pr)

5:03.79	dec	Pac-12 Championships (5/11).....	10th
5:07.84	dec	Mt. SAC Multis "A" (4/16-4/17).....	12th

ERIK GAYTAN

100 Meters

10.92		Mines Last Chance (5/10).....	5th
11.32		Cowpoke Open (5/3).....	8th

200 Meters

21.88		Cowpoke Open (5/3).....	8th
22.16		Mines Last Chance (5/10).....	3rd
22.52		Jack Christiansen Invite (4/26).....	15th

400 Meters

49.74		Pac-12 Championships (5/17).....	14th
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4x100 Meter Relay

41.38		Pac-12 Championships (5/18).....	6th
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4x400 Meter Relay

3:14.35		Pac-12 Championships (5/18).....	6th
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SHAW GIFFORD

100 Meters (10.66 pr)

10.66		Cowpoke Open (5/3).....	1st
10.66		Jack Christiansen Invite (4/26).....	3rd
10.71		Tom Benich (4/4).....	2nd
10.76		Pac-12 Championships (5/17).....	16th
10.78		Mt. SAC (4/18).....	53rd
10.78		CU Invite (4/12).....	8th

200 Meters (21.02 pr)

21.02		Cowpoke Open (5/3).....	1st
21.31		Fum McGraw (3/29).....	1st
21.37		Jack Christiansen Invite (4/26).....	2nd
21.46		Mt. SAC (4/18).....	32nd
21.50		Pac-12 Championships (5/17).....	11th
21.68		NCAA West Preliminary (5/30).....	39th
21.79		Tom Benich (4/4).....	1st
21.97		CU Invite (4/12).....	2nd

400 Meters (48.20 pr)

48.70		Jerry Quiller Classic (3/22).....	1st
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4x100 Meter Relay

40.77		Jack Christiansen Invite (4/26).....	2nd
40.84		CU Invite (4/12).....	1st
40.85		Pac-12 Championships (5/17).....	7th (prelims)
41.38		Pac-12 Championships (5/18).....	6th

4x400 Meter Relay

3:13.43		Mt. SAC (4/19).....	9th
3:14.35		Pac-12 Championships (5/18).....	6th
3:16.63		Tom Benich (4/4).....	2nd

JAKE HURYSZ

800 Meters (1:51.91 pr)

1:53.51		CU Invite (4/12).....	8th
1:55.50		Fum McGraw (3/29).....	5th

1500 Meters (3:40.63 pr)

3:41.75		NCAA West Preliminary (5/31).....	5th
3:42.53		Mt. SAC, Invitational Elite Section (4/18).....	9th
3:43.09		NCAA West Preliminary (5/29).....	8th (prelims)
3:45.50		Stanford Invite, Invitational Section (4/4).....	10th
3:48.16		NCAA Championships (6/19).....	10th (prelims)
3:58.57		Pac-12 Championships (5/17).....	22nd

5000 Meters (13:38.58 pr)

13:55.57		Pac-12 Championships (5/18).....	6th
13:57.90		Payton Jordan Invite (5/4).....	16th
15:05.83		NCAA West Preliminary (5/31).....	44th

4x400 Meter Relay

3:26.68		CU Invite (4/12).....	9th
3:28.47		Fum McGraw (3/29).....	3rd

DAVID KILGORE

1500 Meters (4:06.61 pr)

4:06.61		Tom Benich (4/4).....	3rd
4:10.43		Jack Christiansen Invite (4/26).....	11th

3000 Meters (8:48.46 pr)

9:00.78		CU Invite (4/12).....	16th
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5000 Meters (14:27.98 pr)

14:54.07		Bryan Clay Invite (4/18).....	15th
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10,000 Meters (30:55.84 pr)

2014 MEN'S OUTDOOR PERFORMANCE LIST

ALEX KIZIRIAN

Shot Put (53-9.75/16.40m pr)

53-9.75/16.40	CU Invite (4/12)	2nd
53-6.50/16.32	Air Force Twilight (5/9)	2nd
53-6.50/16.32	Fum McGraw (3/29)	4th
52-11.50/16.14	Jack Christiansen Invite (4/26)	5th
52-5.50/15.99	Beach Invite (4/19)	13th
52-5.50/15.99	Tom Benich (4/5)	3rd
52-5.25/15.98	Jerry Quiller Classic (3/22)	1st
48-1.75/14.67	Pac-12 Championships (5/17)	13th

Discus (189-1/50.54 pr)

189-1/57.63	Air Force Twilight (5/9)	2nd
168-10/51.46	Fum McGraw (3/29)	4th
165-10/50.54	CU Invite (4/12)	6th
164-6/50.14	Jerry Quiller Classic (3/22)	1st
162-00/49.38	Beach Invite (4/19)	17th
161-6/49.23	Jack Christiansen Invite (4/26)	6th
161-6/49.22	Mt. SAC (4/18)	33rd
157-5/47.98	Pac-12 Championships (5/18)	15th
156-2/47.62	Tom Benich (4/5)	5th

Hammer Throw (198-11 pr)

198-11/60.63	Jack Christiansen Invite (4/26)	1st
194-10/59.38	Mt. SAC (4/18)	12th
191-6/58.38	CU Invite (4/11)	3rd
190-11/58.19	NCAA West Preliminary (5/30)	33rd
190-10/58.16	Bryan Clay Invite (4/17)	2nd
190-8.5/58.12	Air Force Twilight (5/9)	2nd
186-4/56.79	Fum McGraw (3/29)	5th
183-0/55.78	Pac-12 Championships (5/17)	9th
178-9/54.50	Tom Benich (4/5)	5th

GARRETT LOSTY

400 Meters (48.85 pr)

48.85	CU Invite (4/12)	6th
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400-Meter Hurdles

53.87	Bryan Clay Invite (4/18)	5th
54.14	Tom Benich (4/4)	6th
54.16	Jack Christiansen Invite (4/26)	10th
54.43	Pac-12 Championships (5/17)	12th
54.65	Fum McGraw (3/29)	5th
56.80	Jerry Quiller Classic (3/22)	2nd

4x100 Meter Relay

40.77	Jack Christiansen Invite (4/26)	2nd
40.84	CU Invite (4/12)	1st
40.85	Pac-12 Championships (5/17)	7th (prelims)
41.38	Pac-12 Championships (5/18)	6th

4x400 Meter Relay

3:13.43	Mt. SAC (4/19)	9th
3:14.35	Pac-12 Championships (5/18)	6th
3:16.63	Tom Benich (4/4)	2nd
3:17.53	Fum McGraw (3/29)	2nd

JOE MITCHEM

800 Meters (1:55.20 pr)

1:55.20	Fum McGraw (3/29)	4th
1:55.42	CU Invite (4/12)	14th
1:55.99	Bryan Clay Invite (4/18)	36th
1:56.68	Jerry Quiller Classic (3/22)	2nd
1:58.90	Jack Christiansen Invite (4/26)	18th

4x400 Meter Relay

3:21.70	CU Invite (4/12)	5th
3:28.47	Fum McGraw (3/29)	3rd

AUSTIN MITSCH

100 Meters (10.63 pr)

10.67	Jack Christiansen Invite (4/26)	4th
10.69	CU Invite (4/12)	5th
10.78	Beach Invite (4/19)	7th
10.82	Pac-12 Championships (5/17)	18th
10.91	Tom Benich (4/4)	5th
10.91	Fum McGraw (3/29)	2nd

200 Meters (21.3 pr)

21.48	Jack Christiansen Invite (4/26)	3rd
21.55	Fum McGraw (3/29)	2nd
21.60	Beach Invite (4/19)	3rd
22.25	Tom Benich (4/4)	2nd

22.28	Pac-12 Championships (5/17)	22nd
22.46	CU Invite (4/12)	6th

4x100 Meter Relay

40.77	Jack Christiansen Invite (4/26)	2nd
40.84	CU Invite (4/12)	1st
40.85	Pac-12 Championships (5/17)	7th (prelims)

4x400 Meter Relay

3:17.53	Fum McGraw (3/29)	2nd
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AMMAR MOUSSA

800 Meters (1:52.42 pr)

1:52.42	CU Invite (4/12)	4th
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1500 Meters (3:43.97 pr)

3:43.97	Bryan Clay Invite (4/18)	12th
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5,000 Meters (13:56.00 pr)

13:56.00	Payton Jordan Invite (5/4)	9th
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10,000 Meters (30:38.83 pr)

30:38.83	Jerry Quiller Classic (3/21)	3rd
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4x400 Meter Relay

3:21.70	CU Invite (4/12)	5th
3:28.47	Fum McGraw (3/29)	3rd

PIERCE MURPHY

1500 Meters (3:54.44 pr)

3:54.44	CU Invite (4/12)	4th
3:47.39	Bryan Clay Invite (4/18)	25th

3000 Meters (8:35.56 pr)

5,000 Meters (13:48.74 pr)

13:48.74	Payton Jordan Invite (5/4)	1st
14:10.17	Pac-12 Championships (5/18)	9th
14:20.81	NCAA West Preliminary (5/31)	19th

10,000 Meters (29:36.48 pr)

29:42.22	NCAA West Preliminary (5/29)	13th
30:20.57	Jerry Quiller Classic (3/21)	11st

MORGAN PEARSON

800 Meters (1:54.18 pr)

1:54.18	CU Invite (4/12)	11th
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1500 Meters (3:47.68 pr)

3:47.68	Bryan Clay Invite (4/18)	27th
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5,000 Meters (13:38.92 pr)

13:38.92	Payton Jordan Invite (5/4)	7th
15:01.43	NCAA West Preliminary (5/31)	42nd
15:11.03	Pac-12 Championships (5/18)	27th

10,000 Meters (30:01.72 pr)

30:01.72	Pac-12 Championships (5/17)	7th
30:20.57	Jerry Quiller Classic (3/21)	11st
31:03.99	NCAA West Preliminary (5/29)	34th

TIMOTHY PORCELLI

Javelin (133-4/40.63m)

133-4/40.63	CU Invite (4/12)	9th
132-10/40.49	Jack Christiansen Invite (4/26)	10th
127-7.75/38.90	Air Force Twilight (5/9)	7th
121-8/37.09	Fum McGraw (3/29)	5th
113-10/34.69	Jerry Quiller Classic (3/21)	8th

BEN SAAREL

800 Meters (1:51.11 pr)

1:51.11	CU Invite (4/12)	1st
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1500 Meters (3:41.54 pr)

3:41.54	Bryan Clay Invite (4/18)	1st
3:42.89	NCAA West Preliminary (5/29)	3rd (prelims)
3:43.38	Pac-12 Championships (5/18)	4th
3:45.58	NCAA West Preliminary (5/31)	12th
3:47.19	NCAA Championships (6/19)	7th (prelims)
3:47.76	Pac-12 Championships (5/17)	4th (prelims)

5,000 Meters (13:48.97)

13:48.97	Payton Jordan Invite (5/4)	12th
14:53.63	NCAA West Preliminary (5/31)	40th

4x400 Meter Relay

3:21.70	CU Invite (4/12)	5th
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2014 MEN'S OUTDOOR PERFORMANCE LIST

DILLON SHIJE

1,500 Meters (4:01.47 pr)	
4:01.47	Jack Christiansen Invite (4/26).....2nd
3,000 Meters (8:43.53 pr)	
8:52.55	CU Invite (4/12)10th
5,000 Meters (14:41.77 pr)	
14:56.42	Bryan Clay Invite (4/18).....17th
15:03.26	Pac-12 Championships (5/18).....24th
10,000 Meters (30:11.65 pr)	
31:08.05	Jerry Quiller Classic (3/21).....5th

BLAKE THEROUX

800 Meters (1:50.50 pr)	
1:51.50	CU Invite (4/12)2nd
1:54.43	Fum McGraw (3/29)3rd
Steeplechase (8:49.99 pr)	
8:49.95	NCAA West Preliminary (5/30).....12th
8:52.93	Pac-12 Championships (5/17).....2nd
8:54.70	NCAA Championships (6/19)8th (prelims)
1,500 Meters (3:45.17 pr)	
3:49.28	Stanford Invite, Invitational Section (4/4)5th
5000 Meters (13:57.62 pr)	
13:57.62	Payton Jordan Invite (5/4)11th
4x400 Meter Relay	
3:26.68	CU Invite (4/12)9th
3:28.47	Fum McGraw (3/29)3rd

JARON THOMAS

110-Meter Hurdles (13.87 pr)	
13.87	Longhorn Invitational (5/3)3rd
14.24	Jack Christiansen Invite (4/26).....3rd
14.29	Pac-12 Championships (5/18).....6th
14.30	Mt. SAC (4/18)11th
14.34	NCAA West Preliminary (5/29).....32nd
14.42	CU Invite (4/12)3rd
14.44	Pac-12 Championships (5/17).....7th (prelims)
14.51	Fum McGraw (3/29)4th
14.54	Jerry Quiller Classic (3/22).....1st
400-Meter Hurdles (51.24 pr)	
51.24	Pac-12 Championships (5/18).....3rd
51.77	Longhorn Invitational (5/3)3rd
52.24	Tom Benich (4/4)2nd
52.37	NCAA West Preliminary (5/29).....34th
52.51	Fum McGraw (3/29)3rd
53.01	Pac-12 Championships (5/17).....6th (prelims)
53.40	Mt. SAC (4/18)25th
54.14	Jerry Quiller Classic (3/22).....1st
4x400 Meter Relay	
3:13.43	Mt. SAC (4/19)9th
3:16.63	Tom Benich (4/4)2nd
3:17.53	Fum McGraw (3/29)2nd

CONNOR WINTER

800 Meters (1:52.56 pr)	
1:54.24	CU Invite (4/12)12th
1:57.59	Fum McGraw (3/29)7th
1500 Meters (3:44.53 pr)	
3:47.32	Stanford Invite, Invitational Section (4/4)10th
3:49.79	Bryan Clay Invite (4/18).....38th
5000 Meters (13:55.91 pr)	
13:55.91	Payton Jordan Invite (5/4)8th
14:11.82	Pac-12 Championships (5/18).....10th
14:36.50	NCAA West Preliminary (5/31).....29th
4x400 Meter Relay	
3:26.68	CU Invite (4/12)9th

2014 Unattached Marks/Times

DAVID EMMERT

800 Meters	
2:04.71	U Jerry Quiller Classic (3/22).....9th

PADEN GATLIN

Discus (145-4/44.29m pr)	
145-4/44.29	U Air Force Twilight (5/9)7th
139-10/42.63	U Tom Benich (4/5)9th
139/42.38	U Fum McGraw (3/29)11th
125-6/38.26	U Jerry Quiller Classic (3/22).....11th
Hammer Throw (139-4/42.48m pr)	
139-4/42.48	U CU Invite (4/11)18th
134-6/41.00	U Jerry Quiller Classic (3/22).....14th
127-2/38.77	U Fum McGraw (3/29)8th

JOE HOLVEY

1,500 Meters (3:58.53 pr)	
4:03.72	U Tom Benich (4/4)1st
4:12.21	U Jerry Quiller Classic (3/22).....6th
3,000 Meters (9:13.83 pr)	
9:13.83	U CU Invite (4/12)11th
3,000 Meter Steeplechase (10:17.48 pr)	
10:17.48	U Fum McGraw (3/29)4th
4x400 Meter Relay	
3:23.92	CU Invite (4/12)8th

MARK JONES

200 Meters (23.90 pr)	
23.90	U Tom Benich (4/4)10th
110 Meter Hurdles (15.29 pr)	
15.29	U Tom Benich (4/4)8th
High Jump (7-2.50/2.20 pr)	
6-11.50/2.12	U Jerry Quiller Classic (3/22).....1st
6-9/2.06	U CU Invite (4/12)1st

KYLE MACINTOSH

4x400 Meter Relay	
3:23.92	CU Invite (4/12)8th

ADAM PETERMAN

1,500 Meters (4:01.88 pr)	
4:01.88	U CU Invite (4/12)19th
4:06.69	U Jerry Quiller Classic (3/22).....2nd
3,000 Meter Steeplechase (9:37.68 pr)	
9:37.68	U Fum McGraw (3/29)2nd
4x400 Meter Relay	
3:23.92	CU Invite (4/12)8th

ZACH PERRIN

1,500 Meters (3:50.12 pr)	
3:50.12	U CU Invite (4/12)1st
4:03.56	U Jerry Quiller Classic (3/22).....1st
4x400 Meter Relay	
3:23.92	CU Invite (4/12)8th

BRADY RUTT

Shot Put (49-5.75/15.08 pr)	
Discus Throw (169-3/51.58 pr)	
164-11.75/50.28	U Air Force Twilight (5/9)5th
153-4/46.75	U Jerry Quiller Classic (3/22).....4th
Hammer Throw (177-10.25/54.20 pr)	
177-10.25/54.20	U Air Force Twilight (5/9)3rd
173-10/52.99	U CU Invite (4/11)11th
170-3/51.89	U Jack Christiansen Invite (4/26).....8th
169-7/51.70	U Tom Benich (4/5)6th
162-7/49.56	U Jerry Quiller Classic (3/21).....9th

2014 WOMEN'S OUTDOOR PERFORMANCE LIST

SEASON RESULTS

M 21-22	JERRY QUILLER CLASSIC (Boulder).....	NTS
M 29	at Fum McGraw Quadrangular (Fort Collins, Colo.).....	NTS
A 4-5	at Stanford Invitational (Stanford, Calif.)	NTS
A 4-5	at Tom Benich Invitational (Greeley, Colo.)	NTS
A 11-12	COLORADO INVITATIONAL (Boulder)	NTS
A 17-19	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 19	at Beach Invitational (Cerritos, Calif.).....	NTS
A 19	at Bryan Clay Invitational (Azusa, Calif.)	NTS
A 26	at Jack Christiansen Invitational (Fort Collins, Colo.).....	4th/5
M 3	at Longhorn Invitational (Austin, Texas)	NTS
M 3	at Cowpoke Open (Laramie, Wyo.).....	NTS
M 4	at Payton Jordan Cardinal Invitational (Stanford, Calif.)	NTS
M 10-18	at Pac-12 Championships (Pullman, Wash.).....	10th/12
M 29-31	at NCAA West Preliminaries (Fayetteville, Ark.)	NTS
J 11-14	at NCAA Outdoor Championships (Eugene, Ore.)	t-19th

100 Meters (11.65 cu)

12.57	Mia Holland	Tom Benich (4/4)
12.68	Mia Holland	Beach Invite (4/19)
12.68	Mia Holland	Fum McGraw (3/29)

200 Meters (23.80 cu)

24.15	Eileen Gehring	CU Invite (4/12)
24.31	<i>U</i> Ana Holland	Jack Christiansen invite (4/26)
24.55	Lindsay Mattson	Jack Christiansen invite (4/26)
24.81	Lindsay Mattson	Mt. SAC (4/18)
24.81	Eileen Gehring	Tom Benich (4/4)
25.26	Lindsay Mattson	CU Invite (4/12)
25.31	Allie Haskell	Jack Christiansen invite (4/26)
25.44	Brittany Lewis	CU Invite (4/12)
25.45	Brittany Lewis	Tom Benich (4/4)
25.58	Allie Haskell	CU Invite (4/12)

400 Meters (53.23 cu)

54.71	Lindsay Mattson	Mt. SAC (4/18)
55.07	Lindsay Mattson	Pac-12 Championships (5/17)
55.07	Lindsay Mattson	Longhorn Invitational (5/3)
55.99	Allie Haskell	Pac-12 Championships (5/17)
56.13	Allie Haskell	Mt. SAC (4/18)
56.31	Allie Haskell	Fum McGraw (3/29)
56.64	Allie Haskell	Tom Benich (4/4)
57.56	Liz Tremblay	CU Invite (4/12)
58.45	Bridget Sweeney	Fum McGraw (3/29)
58.87	Allie Haskell	Jerry Quiller Classic (3/22)

800 Meter Run (2:02.54 cu)

2:07.19	Liz Tremblay	Payton Jordan Invite (5/4)
2:07.28	Liz Tremblay	Mt. SAC (4/18)
2:07.38	Liz Tremblay	Stanford Invite (4/5)
2:08.54	Liz Tremblay	Pac-12 Championships (5/17)
2:09.58	Liz Tremblay	NCAA West Preliminary (4/26)
2:16.29	Maddie Alm	Jack Christiansen invite (4/26)
2:17.56	Brittany Lewis	Pac-12 Championships (5/10-11)
2:17.62	Jenny DeSouchet	Fum McGraw (3/29)
2:18.80	Olivia Rintala	Jack Christiansen invite (4/26)
2:19.37	Jenny DeSouchet	Jerry Quiller Classic (3/22)

1,500 Meter Run (3:59.90 cu)

4:23.48	Melanie Nun	Bryan Clay Invite (4/18)
4:27.62	Shalaya Kipp	CU Invite (4/12)
4:28.50	Jenny DeSouchet	Stanford Invite (4/4)
4:28.69	Carrie Verdon	Bryan Clay Invite (4/18)
4:29.30	Maddie Alm	Pac-12 Championships (5/17)
4:29.68	Abby Levene	Bryan Clay Invite (4/18)
4:29.99	Jenny DeSouchet	Bryan Clay Invite (4/18)
4:31.53	Jenny DeSouchet	Pac-12 Championships (5/17)
4:31.71	Jenny DeSouchet	Payton Jordan Invite (5/4)
4:34.95	Melanie Nun	CU Invite (4/12)

3,000 Meters* (8:54.22 cu)

15:53.84	Abby Levene	Payton Jordan Invite (5/4)
15:54.13	Shalaya Kipp	Mt. SAC Invitational Elite (4/18)
15:59.83	Carrie Verdon	Payton Jordan Invite (5/4)
16:06.71	Carrie Verdon	NCAA West Preliminary (5/31)
16:28.60	Carrie Verdon	NCAA Championships (6/21)
16:40.45	Carrie Verdon	Pac-12 Championships (5/18)
16:45.03	Maddie Alm	Pac-12 Championships (5/18)
16:46.98	Abby Levene	NCAA West Preliminary (5/31)
17:09.07	Jenny DeSouchet	Pac-12 Championships (5/18)
17:39.81	Courtney Bouchet	Pac-12 Championships (5/18)

10,000 Meters (32:50.80 cu)

33:17.58	Abby Levene	Stanford Invite (4/4)
33:42.02	Carrie Verdon	Stanford Invite (4/4)
35:02.20	Abby Levene	Pac-12 Championships (5/17)
35:41.64	Abby Levene	NCAA West Preliminary (5/29)

100 Meter Hurdles (12.98)

14.33	Brittany Lewis	Tom Benich (4/4)
14.63	Brittany Lewis	Jack Christiansen invite (4/26)
14.89	Brittany Lewis	Fum McGraw (3/29)
14.92	Brittany Lewis	CU Invite (4/12)
15.05	Abrianna Torres	Mt. SAC Multis Elite (4/16-4/17)
15.06	Brittany Lewis	Mt. SAC Multis Elite (4/16-4/17)
15.09	Abrianna Torres	CU Invite (4/12)
15.15	Abrianna Torres	Pac-12 Championships (5/10-11)
15.15	Abrianna Torres	Jack Christiansen invite (4/26)
15.30	Abrianna Torres	Pac-12 Championships (5/10-11)

400 Meter Hurdles (57.77 cu)

1:06.93	Brittany Hanrahan	Bryan Clay Invite (4/18)
1:07.18	Brittany Hanrahan	Fum McGraw (3/29)
1:07.27	Brittany Hanrahan	Tom Benich (4/4)
1:08.01	Brittany Hanrahan	Jack Christiansen invite (4/26)
1:08.49	Brittany Hanrahan	Jerry Quiller Classic (3/22)

3,000 M Steeplechase (9:12.50 cu)

9:39.12	Shalaya Kipp	Payton Jordan Invite (5/4)
9:44.41	Shalaya Kipp	USA Championships (6/26)
9:46.57	Shalaya Kipp	USA Championships (6/28)
9:48.90	Shalaya Kipp	NCAA Championships (6/20)
9:56.72	Shalaya Kipp	NCAA Championships (6/18)
10:03.87	Shalaya Kipp	NCAA West Preliminary (5/30)
10:04.19	Shalaya Kipp	Pac-12 Championships (5/17)
10:18.86	Melanie Nun	NCAA West Preliminary (5/30)
10:26.56	Melanie Nun	Pac-12 Championships (5/17)
10:38.88	Courtney Bouchet	Mt. SAC (4/17)

4x100 Meter Relay (44.95 cu)

47.80	Holland/Mattson/Lewis/Haskell ..	Pac-12 Championships (5/18)
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4x400 Meter Relay (3:33.07 cu)

3:42.80	Mattson/Lewis/Tremblay/Haskell ..	Pac-12 Championships (5/18)
3:44.88	Mattson/Haskell/Lewis/Gehring ..	Tom Benich (4/4)
3:44.95	Haskell/Gehring/Holland/Sweeney ..	Fum McGraw (3/29)
3:45.39	Mattson/Haskell/Tremblay/Lewis ..	Mt. SAC (4/19)
3:54.32	Haskell/Tremblay/Kipp/Rintana ..	CU Invite (4/12)
3:56.58	Mattson/Holland/Slack/DeSouchet ..	CU Invite (4/12)
4:12.70	Tremblay/DeSouchet/Alm/McAlister ..	Fum McGraw (3/29)

Long Jump (20-08 cu)

19-7/5.96	hep	Abrianna Torres	Mt. SAC Multis Elite (4/16-4/17)
19-3/50/5.88		Brittany Lewis	Pac-12 Championships (5/17)
19-0/75/5.81		Brittany Lewis	CU Invite (4/12)
18-10/75/5.76		Abrianna Torres	CU Invite (4/12)
18-10/50/5.75		Abrianna Torres	Pac-12 Championships (5/17)
18-10/50/5.75		Brittany Lewis	Jack Christiansen invite (4/26)
18-11/75/5.78	hep	Abrianna Torres	Pac-12 Championships (5/10-11)
18-10/5/74	hep	Brittany Lewis	Mt. SAC Multis Elite (4/16-4/17)
18-8/5.69		Brittany Lewis	Beach Invite (4/19)
18-7/75/5.68		Abrianna Torres	Jack Christiansen invite (4/26)
18-7/00/5.66		Abrianna Torres	NCAA West Preliminary (5/29)

Triple Jump (40-11.5 cu)

5-11/25/1.81		Kelsey English	Beach Invite (4/19)
5-10/1/78		Kelsey English	CU Invite (4/12)
5-8/75/1.75		Kelsey English	Jack Christiansen invite (4/26)
5-8/75/1.75		Kelsey English	Mt. SAC (4/18)
5-8/75/1.75		Kelsey English	Fum McGraw (3/29)
5-8/75/1.75		Kelsey English	Jerry Quiller Classic (3/22)
5-7/75/1.72		Kelsey English	NCAA West Preliminary (5/31)
5-5/25/1.66		Abrianna Torres	Pac-12 Championships (5/17)
5-4/25/1.63	hep	Abrianna Torres	Mt. SAC Multis Elite (4/16-4/17)
5-3/25/1.61		Ewelina Pena	Jerry Quiller Classic (3/22)
5-3/25/1.61	hep	Ewelina Pena	Pac-12 Championships (5/10-11)

Shot Put (54-6 cu)

42-7/50/12.99		Abrianna Torres	CU Invite (4/12)
41-11/50/12.78	hep	Abrianna Torres	Mt. SAC Multis Elite (4/16-4/17)
40-7/5/12.38		Abrianna Torres	Pac-12 Championships (5/10-11)
36-5/50/11.11		Abrianna Torres	Jerry Quiller Classic (3/22)
35-8/75/10.89	hep	Brittany Lewis	Mt. SAC Multis Elite (4/16-4/17)
34-3/5/10.45	hep	Brittany Lewis	Pac-12 Championships (5/10-11)
32-3/75/9.85		Ewelina Pena	CU Invite (4/12)
32-2/75/9.82		Ewelina Pena	Bryan Clay Invite (4/18)
31-10/25/9.71	hep	Ewelina Pena	Pac-12 Championships (5/10-11)
31-1/25/9.48	hep	Ewelina Pena	Mt. SAC Multis "A" (4/16-4/17)

Hammer Throw (212-11 cu)

212-11/64.91		Emily Hunsucker	Jerry Quiller Classic (3/21)
212-09/64.83		Emily Hunsucker	NCAA Championships (6/18)
212-07/64.8		Emily Hunsucker	CU Invite (4/11)
210-01/64.05		Emily Hunsucker	NCAA West Preliminary (5/31)
209-3/63.77		Emily Hunsucker	Air Force Twilight (5/9)
208-10/63.66		Emily Hunsucker	Jack Christiansen invite (4/26)
208-07/63.57		Emily Hunsucker	Fum McGraw (3/29)
206-5/62.91		Emily Hunsucker	Cowpoke Open (5/3)
206-1/62.94		Emily Hunsucker	Mt. SAC, Invitational Elite (4/19)
205-03/62.56		Emily Hunsucker	Bryan Clay Invite (4/17)

Javelin (169-5 cu)

128-03/39.10		Kajsa Bank	Tom Benich (4/4)
122-0/37.18	hep	Abrianna Torres	Mt. SAC Multis Elite (4/16-4/17)
120-09/36.80		Brittany Lewis	CU Invite (4/11)
120-00/36.59		Brittany Lewis	Jerry Quiller Classic (3/21)
117-09/35.89		Kajsa Bank	Fum McGraw (3/29)
112-02/35.10		Kajsa Bank	Jerry Quiller Classic (3/21)
112-09/34.37		Abrianna Torres	CU Invite (4/11)
112-08/34.34		Kajsa Bank	Jack Christiansen invite (4/26)
111-9/34.06	hep	Abrianna Torres	Pac-12 Championships (5/10-11)
110-00/33.54		Kajsa Bank	Pac-12 Championships (5/17)

Discus Throw (181-7 cu)

147-10/45.07		Sophie Hallam-Eames	Pac-12 Championships (5/18)
135-2/75/41.21		Sophie Hallam-Eames	Air Force Twilight (5/9)
134-6/41.01		Sophie Hallam-Eames	CU Invite (4/12)
133-5/40.68		Sophie Hallam-Eames	Cowpoke Open (5/3)
132-3/25/40.31		Makenzie Kline	Air Force Twilight (5/9)
130-10/39.87		Makenzie Kline	Pac-12 Championships (5/18)
130-9/39.85		Sophie Hallam-Eames	Tom Benich (4/5)
130-3/39.71		Sophie Hallam-Eames	Jerry Quiller Classic (3/22)
129-13/39.61		Sophie Hallam-Eames	Jack Christiansen invite (4/26)
129-1/39.34		Makenzie Kline	CU Invite (4/12)
129-1/39.34		Sophie Hallam-Eames	Fum McGraw (3/29)

Pole Vault (12-4 cu)

5.241	hep	Abrianna Torres	Mt. SAC Multis Elite (4/17)
4.854	hep	Brittany Lewis	Pac-12 Championships (5/11)
4.810	hep	Abrianna Torres	Pac-12 Championships (5/11)
4.266	hep	Ewelina Pena	Mt. SAC Multis "A" (4/17)
4.246	hep	Ewelina Pena	Pac-12 Championships (5/11)
4.087	hep	Mariah Slack	Mt. SAC Multis "A" (4/17)
3.697	hep	Mariah Slack	Pac-12 Championships (5/11)

Symbol Key

p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event
<i>U</i>	competing unattached/redshirting with eligibility remaining

2014 WOMEN'S OUTDOOR PERFORMANCE LIST

MADDIE ALM

800 Meters (2:19.55 pr)

2:16.23	Jack Christiansen Invite (4/26)	4th
2:19.55	Fum McGraw (3/29)	7th

1500 Meters (4:29.30 pr)

4:29.30	Pac-12 Championships (5/17)	15th
4:37.93	Bryan Clay Invite (4/18)	30th
4:39.79	Mines Last Chance (5/10)	1st
4:40.75	CU Invite (4/12)	8th
4:46.23	Jerry Quiller Classic (3/22)	2nd

5,000 Meters (16:45.03 pr)

16:45.03	Pac-12 Championships (5/18)	10th
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4x400 Meter Relay

3:44.95	Fum McGraw (3/29)	4th
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KAJSA BANK

Hammer Throw (135-07 pr)

Javelin (128-03/39.10 pr)

128-03/39.10	Tom Benich (4/4)	2nd
117-09/35.89	Fum McGraw (3/29)	3rd
115-02/35.10	Jerry Quiller Classic (3/21)	3rd
112-8/34.34	Jack Christiansen Invite (4/26)	5th
110-00/33.54	Pac-12 Championships (5/17)	18th
109-10/33.47	Bryan Clay Invite (4/18)	25th
108-10/33.17	CU Invite (4/11)	8th

Shot Put (39-3/11.96 pr)

Discus (111-6/32.00 pr)

HEATHER BATES

800 Meters (2:29.86 pr)

2:29.86	Tom Benich (4/4)	6th
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COURTNEY BOUCHET

800 (2:26.26 pr)

1,500 Meters (4:38.44 pr)

4:43.27	CU Invite (4/12)	10th
4:47.37	Mines Last Chance (5/10)	3rd
4:50.23	Jerry Quiller Classic (3/22)	3rd

3,000 Meter Steeplechase (10:30.06 pr)

10:38.88	Mt. SAC (4/17)	5th
10:46.80	Pac-12 Championships (5/17)	7th
11:07.69	Fum McGraw (3/29)	1st

5,000 Meters (17:39.81 pr)

17:39.81	Pac-12 Championships (5/18)	26th
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JENNY DESOUCHET

800 Meters (2:12.98 pr)

2:17.62	Fum McGraw (3/29)	5th
2:19.37	Jerry Quiller Classic (3/22)	3rd

1500 Meters (4:28.50 pr)

4:28.50	Stanford Invite (4/4)	3rd
4:29.99	Bryan Clay Invite (4/18)	16th
4:31.53	Pac-12 Championships (5/17)	18th
4:31.71	Payton Jordan Invite (5/4)	14th
4:39.41	CU Invite (4/12)	6th

5,000 Meters (17:09.07 pr)

17:09.07	Pac-12 Championships (5/18)	18th
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4x400 Meter Relay

3:56.58	CU Invite (4/12)	5th
4:12.70	Fum McGraw (3/29)	4th

KELSEY ENGLISH

High Jump (5-11.25/1.81 pr)

5-11.25/1.81	Beach Invite (4/19)	1st
5-10/1.78	CU Invite (4/12)	3rd
5-8.75/1.75	Jack Christiansen Invite (4/26)	1st
5-8.75/1.75	Mt. SAC (4/18)	1st
5-8.75/1.75	Jerry Quiller Classic (3/22)	1st
5-8.75/1.75	Fum McGraw (3/29)	1st
5-7.75/1.72	NCAA West Preliminary (5/31)	25th

EILEEN GEHRING

100 Meters (12.11 pr)

200 Meters (23.80 pr)

24.81	Tom Benich (4/4)	1st
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400 Meters (53.23 pr)

4x400 Meter Relay

3:44.88	Tom Benich (4/4)	1st
3:44.95	Fum McGraw (3/29)	1st

SOPHIE HALLAM-EAMES

Discus (147-10/45.07 pr)

147-10/45.07	Pac-12 Championships (5/18)	10th
135-2.75/41.21	Mines Last Chance (5/10)	4th
134-6/41.01	CU Invite (4/12)	6th
133-5/40.68	Cowpoke Open (5/3)	5th
130-09/39.85	Tom Benich (4/5)	5th
130-03/39.71	Jerry Quiller Classic (3/22)	3rd
129-11/39.61	Jack Christiansen Invite (4/26)	6th
129-01/39.34	Fum McGraw (3/29)	5th

Hammer Throw (169-7/51.69 pr)

169-07/51.69	Jerry Quiller Classic (3/21)	4th
168-1/51.23	Cowpoke Open (5/3)	7th
166-04/50.70	Jack Christiansen Invite (4/26)	6th
165-00/50.30	Tom Benich (4/5)	5th
164-6/50.14	Pac-12 Championships (5/18)	14th
161-10/49.32	Fum McGraw (3/29)	7th
154-3.5/47.02	Mines Last Chance (5/10)	6th
149-3/45.49	CU Invite (4/11)	10th

BRITTANY HANRAHAN

400-Meter Hurdles (1:06.93 pr)

1:06.93	Bryan Clay Invite (4/18)	28th
1:07.18	Fum McGraw (3/29)	7th
1:07.27	Tom Benich (4/4)	10th
1:08.01	Jack Christiansen Invite (4/26)	10th
1:08.49	Jerry Quiller Classic (3/22)	1st

ALLIE HASKELL

200 Meters (25.31 pr)

25.31	Jack Christiansen Invite (4/26)	6th
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400 Meters (55.99 pr)

55.99	Pac-12 Championships (5/17)	15th
56.14	Mt. SAC (4/18)	45th
56.64	Tom Benich (4/4)	2nd
58.45	Fum McGraw (3/29)	1st
58.87	Jerry Quiller Classic (3/22)	1st

4x100 Meter Relay

47.80	Pac-12 Championships (5/18)	8th
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4x400 Meter Relay

3:42.80	Pac-12 Championships (5/18)	7th
3:44.88	Tom Benich (4/4)	1st
3:44.95	Fum McGraw (3/29)	1st
3:45.39	Mt. SAC (4/19)	12th
3:54.32	CU Invite (4/12)	3rd

MIA HOLLAND

100 Meters (12.22 pr)

12.57	Tom Benich (4/4)	5th
12.68	Beach Invite (4/19)	45th
12.68	Fum McGraw (3/29)	6th

200 Meters (25.23 pr)

25.65	Jack Christiansen Invite (4/26)	7th
25.70	Fum McGraw (3/29)	4th
26.00	Tom Benich (4/4)	7th
26.09	Beach Invite (4/19)	49th
26.10	Pac-12 Outdoor Championships	22nd

4x100 Meter Relay

47.80	Pac-12 Championships (5/18)	8th
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4x400 Meter Relay

3:44.95	Fum McGraw (3/29)	1st
3:56.58	CU Invite (4/12)	5th

2014 WOMEN'S OUTDOOR PERFORMANCE LIST

EMILY HUNSUCKER

Shot Put (41-5.25 pr)

Hammer Throw (212-11/64.91 pr)

212-11/64.91	Jerry Quiller Classic (3/21).....	1st
212-8/64.83	NCAA Championships (6/18).....	2nd
212-7/64.81	CU Invite (4/11).....	1st
210-1/64.05	NCAA West Preliminary (5/31).....	1st
209-3/63.77	Air Force Twilight.....	1st
208-10/63.66	Jack Christiansen Invite (4/26).....	1st
208-07/63.57	Fum McGraw (3/29).....	1st
206-5/62.91	Cowpoke Open (5/3).....	1st
206-1/62.94	Mt. SAC, Invitational Elite Section (4/19).....	11th
205-03/62.56	Bryan Clay Invite (4/17).....	1st
204-10/62.44	Pac-12 Championships (5/18).....	4th
200-4/61.06	USA Championships (6/28).....	13th
190-02/57.97	Tom Benich (4/5).....	2nd

Discus (131-10 pr)

SHALAYA KIPP

1500 Meters (4:27.35 pr)

4:27.62	CU Invite (4/12).....	1st
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5000 Meters (15:54.13 pr)

15:54.13	Mt. SAC, Invitational Elite Section (4/18).....	15th
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Steeplechase (9:35.73 pr)

9:39.12	Payton Jordan Invite (5/4).....	1st
9:44.41	p USA Championships (6/26).....	10th
9:46.57	USA Championships (6/28).....	7th
9:48.90	NCAA Championships (6/20).....	5th
9:56.72	NCAA Championships (6/18).....	2nd (prelims)
10:03.87	NCAA West Preliminary (5/30).....	3rd
10:04.19	Pac-12 Championships (5/17).....	1st

4x400 Meter Relay

3:54.32	CU Invite (4/12).....	3rd
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MAKENZIE KLINE

Discus (132-3/40.31 pr)

132-3/40.31	Mines Last Chance (5/10).....	5th
130-10/39.87	Pac-12 Championships (5/18).....	13th
129-1/39.34	CU Invite (4/12).....	8th
126-8/38.61	Cowpoke Open (5/3).....	6th
126-6/38.88	Jack Christiansen Invite (4/26).....	9th
123-03/37.57	Tom Benich (4/5).....	6th
120-10/36.83	Fum McGraw (3/29).....	6th
116-11/35.65	Jerry Quiller Classic (3/22).....	5th

Javelin (108-8/33.12 pr)

106-4/32.42	Fum McGraw (3/29).....	4th
101-8/30.99	CU Invite (4/11).....	9th
101-3/30.86	Bryan Clay Invite (4/18).....	29th
99-10/30.44	Jerry Quiller Classic (3/21).....	8th
98-11/30.16	Tom Benich (4/5).....	7th
94-9.25/28.88	Mines Last Chance (5/10).....	5th
91-0/27.74	Jack Christiansen Invite (4/26).....	7th

ABBY LEVENE

1500 Meters (4:29.68 pr)

4:29.68	Bryan Clay Invite (4/18).....	14th
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5,000 Meters (15:53.84 pr)

15:53.84	Payton Jordan Invite (5/4).....	9th
16:46.98	NCAA West Preliminary (5/31).....	27th

10,000 Meters (33:17.58 pr)

33:17.58	Stanford Invite, Invitational Section.....	11th
35:02.20	Pac-12 Championships (5/17).....	6th
35:41.64	NCAA West Preliminary (5/29).....	32nd

BRITTANY LEWIS

Heptathlon (4,977 pr)

4,854	Pac-12 Championships (5/11).....	7th
100 Meter Hurdles (14.27 pr)		
14.33	Tom Benich (4/4).....	6th
14.63	Jack Christiansen Invite (4/26).....	7th
14.89	Fum McGraw (3/29).....	4th
14.92	CU Invite (4/12).....	6th
15.06	hep Mt. SAC Multis Elite (4/16-4/17).....	19th
15.15	hep Pac-12 Championships (5/10).....	8th

High Jump (5-05 pr)

5-1/1.55	hep Pac-12 Championships (5/10).....	t10th
5-0.50/1.53	hep Mt. SAC Multis Elite (4/16-4/17).....	19th
4-11.50/1.51	Jerry Quiller Classic (3/22).....	t8th
4-11/1.50	Jack Christiansen Invite (4/26).....	t12th

Shot Put (35-08.75 pr)

35-8.75/10.89	hep Mt. SAC Multis Elite (4/16-4/17).....	18th
34-3.50/10.45	hep Pac-12 Championships (5/10).....	7th

200 Meters (25.45 pr)

25.45	Tom Benich (4/4).....	3rd
25.63	Mt. SAC Multis Elite (4/16-4/17).....	17th
24.76	hep Pac-12 Championships (5/10).....	6th
25.98	Fum McGraw (3/29).....	6th
25.99	Jack Christiansen Invite (4/26).....	14th

Long Jump (19-07 pr)

19-3.50/5.88	Pac-12 Championships (5/17).....	7th
18-10.5/5.75	Jack Christiansen Invite (4/26).....	2nd
18-10/5.74	hep Mt. SAC Multis Elite (4/16-4/17).....	15th
18-8/5.69	Beach Invite (4/19).....	4th
17-11.75/5.48	Fum McGraw (3/29).....	2nd
17-7/5.36	hep Pac-12 Championships (5/11).....	6th

Javelin (120-9/36.80 pr)

120-9/36.80	CU Invite (4/11).....	2nd
120-0/36.59	Jerry Quiller Classic (3/21).....	2nd
95-6/29.12	hep Pac-12 Championships (5/11).....	9th
92-2/28.09	hep Mt. SAC Multis Elite (4/16-4/17).....	18th

800 Meters (2:17.56 pr)

2:17.56	hep Pac-12 Championships (5/11).....	3rd
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400 Meter Hurdles (1:03.26 pr)

4x100 Meter Relay

47.80	Pac-12 Championships (5/18).....	8th
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4x400 Meter Relay

3:42.80	Pac-12 Championships (5/18).....	7th
3:44.88	Tom Benich (4/4).....	1st
3:45.39	Mt. SAC (4/19).....	12th

LINDSY MATTSO

200 Meters (24.25 pr)

24.55	Jack Christiansen Invite (4/26).....	3rd
24.81	Mt. SAC (4/18).....	51st
25.96	Tom Benich (4/4).....	6th

400 Meters (54.34 pr)

54.71	Mt. SAC (4/18).....	13th
55.07	Pac-12 Championships (5/17).....	11th
55.07	Longhorn Invitational (5/3).....	12th

4x100 Meter Relay

47.80	Pac-12 Championships (5/18).....	8th
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4x400 Meter Relay

3:42.80	Pac-12 Championships (5/18).....	7th
3:44.88	Tom Benich (4/4).....	1st
3:45.39	Mt. SAC (4/19).....	12th
3:56.58	CU Invite (4/12).....	5th

CATRINA McALISTER

800 Meters (2:18.99 pr)

1500 Meters (4:30.31 pr)

4:45.38	Fum McGraw (3/29).....	2nd
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5000 Meters (17:59.90 pr)

4x400 Meter Relay

4:12.70	Fum McGraw (3/29).....	4th
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2014 WOMEN'S OUTDOOR PERFORMANCE LIST

MELANIE NUN

1500 Meters (4:23.48 pr)

4:23.48	Bryan Clay Invite (4/18).....	3rd
4:34.95	CU Invite (4/12).....	5th
3000 Meter Steeplechase (10:18.86 pr)		
10:18.86	NCAA West Preliminary (5/30).....	14th
10:26.56	Pac-12 Championships (5/17).....	4th
10:59.36	Jack Christiansen Invite (4/26).....	1st

EWELENA PENA

Heptathlon (4.266 pr)

4,266	hep	Mt. SAC Multis "A" (4/16-4/17).....	29th
4,246	hep	Pac-12 Championships (5/11).....	11th

100 Meter Hurdles (15.43 pr)

15.43	hep	Pac-12 Championships (5/10).....	11th
15.52		Jack Christiansen Invite (4/26).....	12th
15.62		Bryan Clay Invite (4/18).....	31st
15.85		CU Invite (4/12).....	11th
15.98	hep	Mt. SAC Multis "A" (4/16-4/17).....	34th
16.12		Fum McGraw (3/29).....	6th

High Jump (5-4.50/1.64 pr)

5-3.25/1.61	hep	Pac-12 Championships (5/10).....	t4th
5-3.25/1.61		Jerry Quiller Classic (3/22).....	t4th
5-3/1.60		Fum McGraw (3/29).....	7th
5-1.75/1.56	hep	Mt. SAC Multis "A" (4/16-4/17).....	21st
5-1/1.55		Jack Christiansen Invite (4/26).....	t12th
5-0.25/1.53		Bryan Clay Invite (4/18).....	t20th

Shot Put (32-3.75/9.85 pr)

32-3.75/9.85		CU Invite (4/12).....	12th
32-2.75/9.82		Bryan Clay Invite (4/18).....	42nd
31-10.25/9.71	hep	Pac-12 Championships (5/10).....	10th
31-1.25	hep	Mt. SAC Multis "A" (4/16-4/17).....	28th

200 Meters (26.93 pr)

26.93	hep	Mt. SAC Multis "A" (4/16-4/17).....	33rd
27.12		Jack Christiansen Invite (4/26).....	19th
27.28	hep	Pac-12 Championships (5/10).....	10th
27.52		Fum McGraw (3/29).....	12th
28.01		CU Invite (4/12).....	28th

Long Jump (16-5/5.00 pr)

16-5/5.00	hep	Mt. SAC Multis "A" (4/16-4/17).....	34th
15-7.50/4.76		Jack Christiansen Invite (4/26).....	13th
15-5.50/4.71	hep	Pac-12 Championships (5/11).....	12th
14-10.75		Beach Invite (4/19).....	67th

Javelin (95-11/29.25 pr)

95-11/29.25		Fum McGraw (3/29).....	6th
83-2/25.36		Jack Christiansen Invite (4/26).....	9th
83-2/25.36		CU Invite (4/11).....	11th
80-2/24.43	hep	Mt. SAC Multis "A" (4/16-4/17).....	37th
77-4/23.58	hep	Pac-12 Championships (5/11).....	11th
72-8/22.15		Jerry Quiller Classic (3/21).....	11th

800 Meters (2:29.10 pr)

2:29.10	hep	Mt. SAC Multis "A" (4/16-4/17).....	32nd
2:31.37	hep	Pac-12 Championships (5/11).....	10th

OLIVIA RINTALA

800 Meters (2:15 pr)

2:18.80		Jack Christiansen Invite (4/26).....	7th
2:21.21		Mines Last Chance (5/10).....	6th
2:23.67		CU Invite (4/12).....	9th

4x400 Meter Relay

3:54.32		CU Invite (4/12).....	3rd
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MARIAH SLACK

Heptathlon (4,087 pr)

4,087	hep	Mt. SAC Multis "A" (4/16-4/17).....	35th
3,697	hep	Pac-12 Championships (5/10).....	12th

100 Meter Hurdles (16.07 pr)

16.07		Jack Christiansen Invite (4/26).....	15th
16.43	hep	Pac-12 Championships (5/10).....	12th
16.61		Tom Benich (4/4).....	11th
16.84	hep	Mt. SAC Multis "A" (4/16-4/17).....	42nd
16.92		CU Invite (4/12).....	16th
17.04		Bryan Clay Invite (4/18).....	43rd

High Jump (5-3/1.60 pr)

5-3/1.60		Jack Christiansen Invite (4/26).....	t11th
5-3/1.60	hep	Mt. SAC Multis "A" (4/16-4/17).....	t13th
5-2.25/1.58	hep	Pac-12 Championships (5/10).....	t7th
5-2.25/1.58		Bryan Clay Invite (4/18).....	t9th
5-1.25/4.56		Jerry Quiller Classic (3/22).....	7th

Shot Put (29-2.50/8.90 pr)

29-2.50/8.90		Bryan Clay Invite (4/18).....	48th
29-1/8.86	hep	Mt. SAC Multis "A" (4/16-4/17).....	38th
25-2/7.67	hep	Pac-12 Championships (5/10).....	12th

200 Meters (27.33 pr)

27.33		Jack Christiansen Invite (4/26).....	21st
27.58	hep	Mt. SAC Multis "A" (4/16-4/17).....	42nd
28.07	hep	Pac-12 Championships (5/10).....	12th
28.12		CU Invite (4/12).....	29th
28.34		Tom Benich (4/4).....	21st

Long Jump (16-8.50/5.09 pr)

16-8.50/5.09	hep	Mt. SAC Multis "A" (4/16-4/17).....	26th
16-5/5.00		Beach Invite (4/19).....	t48th
16-4.25/4.98		Jack Christiansen Invite (4/26).....	12th
16-3/4.95	hep	Pac-12 Championships (5/11).....	11th

Javelin (60-2/18.34 pr)

60-2/18.34		CU Invite (4/11).....	13th
58-9/17.92		Jerry Quiller Classic (3/21).....	12th
56-10/17.32	hep	Mt. SAC Multis "A" (4/16-4/17).....	46th
25/7.63	hep	Pac-12 Championships (5/11).....	12th

800 Meters (2:22.18 pr)

2:22.18	hep	Mt. SAC Multis "A" (4/16-4/17).....	16th
2:28.66	hep	Pac-12 Championships (5/11).....	9th

4x400 Meter Relay

3:56.58		CU Invite (4/12).....	5th
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BRIDGET SWEENEY

200 Meters (25.06 pr)

400 Meters (55.14 pr)

58.45		Fum McGraw (3/29).....	5th
1:00.70		Jerry Quiller Classic (3/22).....	3rd

4x400 Meter Relay

3:44.95		Fum McGraw (3/29).....	1st
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2014 WOMEN'S OUTDOOR PERFORMANCE LIST

ABRIANNA TORRES

Heptathlon (5,357 pr)

5,241	hep	Mt. SAC Multis Elite (4/16-4/17).....	17th
4,810	hep	Pac-12 Championships (5/11).....	8th

100 Meter Hurdles (14.42 pr)

15.05	hep	Mt. SAC Multis Elite (4/16-4/17).....	18th
15.09		CU Invite (4/12).....	7th
15.15		Jack Christiansen Invite (4/26).....	10th
15.30	hep	Pac-12 Championships (5/10).....	9th
15.52		Tom Benich (4/4).....	10th

High Jump (5-5.25/1.66 pr)

5-5.25/1.66		Pac-12 Championships (5/17).....	10th
5-4.25/1.63	hep	Mt. SAC Multis Elite (4/16-4/17).....	17th
5-3/1.60		Jack Christiansen Invite (4/26).....	11th
5-2.25/1.58	hep	Pac-12 Championships (5/10).....	17th

Shot Put (45-4.50/13.83 pr)

42-7.50/12.99		CU Invite (4/12).....	8th
41-11.50/12.78	hep	Mt. SAC Multis Elite (4/16-4/17).....	7th
40-7.5/12.38	hep	Pac-12 Championships (5/10).....	2nd
36-5.50/11.11		Jerry Quiller Classic (3/22).....	3rd

200 Meters (25.84 pr)

26.58	hep	Mt. SAC Multis Elite (4/16-4/17).....	19th
26.96		CU Invite (4/12).....	22nd
27.06	hep	Pac-12 Championships (5/10).....	9th
27.18		Tom Benich (4/4).....	19th

Long Jump (20-2.25/6.15 pr)

19-7/5.96	hep	Mt. SAC Multis Elite (4/16-4/17).....	8th
18-11.75/5.78	hep	Pac-12 Championships (5/11).....	1st
18-10.75/5.76		CU Invite (4/12).....	3rd
18-10.50/5.75		Pac-12 Championships (5/17).....	10th
18-7.75/5.68		Jack Christiansen Invite (4/26).....	3rd
18-7.00/5.66		NCAA West Preliminary (5/29).....	36th
18-5.75/5.63		Beach Invite (4/19).....	8th
18-2/5.53		Mt. SAC (4/18).....	16th

Javelin (132-11/40.52 pr)

122-0/37.18	hep	Mt. SAC Multis Elite (4/16-4/17).....	12th
112-09/34.37		CU Invite (4/11).....	5th
111-9/34.06	hep	Pac-12 Championships (5/11).....	6th
103-10/31.64		Jerry Quiller Classic (3/21).....	6th

800 Meters (2:25.09 pr)

2:27.72	hep	Mt. SAC Multis Elite (4/16-4/17).....	16th
2:40.57	hep	Pac-12 Championships (5/11).....	11th

LIZ TREMBLAY

200 Meters (25.1 pr)

400 Meters (55.1 pr)

57.54		CU Invite (4/12).....	3rd
59.27		Fum McGraw (3/29).....	6th
59.45		Jerry Quiller Classic (3/22).....	2nd

800 Meters (2:06.59 pr)

2:07.19		Payton Jordan Invite (5/4).....	8th
2:07.28		Mt. SAC (4/18).....	5th
2:07.38		Stanford Invite (4/5).....	6th
2:08.54		Pac-12 Championships (5/17).....	9th
2:09.58		NCAA West Preliminary (5/29).....	26th

4x400 Meter Relay

3:42.80		Pac-12 Championships (5/18).....	7th
3:45.39		Mt. SAC (4/19).....	12th
3:54.32		CU Invite (4/12).....	3rd
4:12.70		Fum McGraw (3/29).....	4th

CARRIE VERDON

1500 Meters (4:25.46 pr)

4:28.69		Bryan Clay Invite (4/18).....	12th
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5,000 Meters (15:59.83 pr)

15:59.83		Payton Jordan Invite (5/4).....	13th
16:06.71		NCAA West Preliminary (5/31).....	5th
16:28.60		NCAA Championships (6/21).....	17th
16:40.45		Pac-12 Championships (5/18).....	9th

10,000 Meters (33:42.02 pr)

33:42.02		Stanford Invite, Invitational Section (4/4).....	15th
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2014 Unattached Marks/Times

HEATHER BATES

1,500 Meters

4:56.33	U	Jerry Quiller Classic (3/22).....	6th
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ERYN BLAKELY

800 Meters (2:20.31 pr)

2:20.31	U	Fum McGraw (3/29).....	8th
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1,500 Meters (4:57.99 pr)

4:57.99	U	Jerry Quiller Classic (3/22).....	8th
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ANA HOLLAND

200 Meters (23.04 pr)

24.31	U	Jack Christiansen Invite (4/26).....	1st
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KELLIE LIND

Hammer Throw (169-10/51.77 pr)

165-10/50.56	U	CU Invite (4/11).....	6th
163-07/49.86	U	Fum McGraw (3/29).....	6th
163-04/49.78	U	Tom Benich (4/5).....	8th
159-11/48.74	U	Jerry Quiller Classic (3/21).....	5th

LUCY MAY

800 Meters (2:16.99 pr)

2:23.07	U	Jerry Quiller Classic (3/22).....	5th
2:23.39	U	Tom Benich (4/4).....	3rd

1500 Meters (4:46.33 pr)

4:46.33	U	Tom Benich (4/4).....	2nd
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OLIVIA RINTALA

800 Meters (2:15 pr)

2:21.10	U	Jerry Quiller Classic (3/22).....	4th
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